



# 健康上的萬一 不必用到一萬



心肺運動功能測試(CPET)是一項非入侵性的檢測，由心臟科醫生主理，用於評估心、肺及肌肉的最大帶氧運動極限，同時亦有助醫生診斷其他與運動有關的症狀，如胸口痛、呼吸急速和心律異常等。這項測試能同時助你找出心臟及肺部的潛在隱疾。

*Cardiopulmonary exercise test is a non-invasive test conducted by a cardiologist to evaluate the maximum aerobic exercise capacity of the heart, lung and muscles as a unit, and to diagnose any exercise-related symptoms such as chest pain, shortness of breath and abnormal heart rhythms. It is a powerful tool for detecting hidden heart and lung dangers.*

## 心肺運動功能測試 Cardiopulmonary Exercise Test (CPET)

1. 衡量心臟，肺部和肌肉在運動情況下的協同功能  
Evaluation of Heart, Lung & Muscle Function Interactions in Exercise
  - 最大攝氧量 Peak Oxygen Uptake (VO2 Max)
  - 無氧代謝極限 Anaerobic Threshold (AT)
  - 代謝等值 Metabolic Equivalents (METs)
2. 診斷運動時氣喘，胸悶，心律不整等症狀  
Diagnosis of Exercise-Related Symptoms
  - 運動心率、血壓檢測 Heart Rate & Blood Pressure Response to Exercise
  - 運動心電圖 Stress Electrocardiography (ECG)
  - 肺功能測試 Lung Capacity & Airway Test (Spirometry)

費用  
Fee  
HK\$7,500

\*檢查適用於16歲以上人士，男女均可 Suitable for both male and female, aged 16 or above

### 備註 Remarks:

- 1) 使用服務前必須預約。  
Advanced booking is required for this service.
- 2) 服務地點：中環心臟專科診所 - 香港中環皇后大道中30號娛樂行12樓。  
Service location: The Heart Clinic - 12/F, Entertainment Building, 30 Queen's Road Central, Hong Kong.
- 3) 本體檢計劃不包括藥物及其他治療/檢查費用。  
Medication and other treatment/investigation cost are not included in this programme.
- 4) 尚至醫療保留更改以上所有條款及細則的權利而毋須另行通知。如有任何爭議，尚至醫療保留最終決定權。  
Virtus Medical reserves the right to amend any of the above terms and conditions without prior notice. In case of any dispute, Virtus Medical will reserve the right of final decision.



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