



健康上的萬一 不必用到一萬

壽而康體檢計劃 Ageless Health Check Up Programme:

*適合55歲以上人士參加 Suitable for people aged 55 or above

*檢查需約兩小時，建議由家人陪同

系統性評估 Body Systems Assessment		功能性評估 Functional Assessment	
體重、身高、體質指標、腰圍、血壓、脈搏測量 Weight, Height, Body Mass Index, Waist circumference, Blood Pressure, Pulse		營養 Nutrition	檢查問卷 Screening Questionnaire 中臂周緣 Mid-Arm Circumference
大腦 Brain	情緒評估 Mood Screening	理遺失禁 Continence	檢查問卷 Screening Questionnaire
	認知能力評估 Cognitive Screening		活動能力評估 Mobility Assessment
眼睛 Eyes	視力檢查 Visual Acuity Test	活動 Mobility	平衡力評估 Balance Assessment
	色盲測試 Color Vision Test		危險跌倒評估 Fall Risk Assessment
	黃斑性病變測試 Macular Degeneration Screening		檢查問卷 Screening Questionnaire
	眼底鏡檢查 Fundus Examination	肌肉減少症 Sarcopenia	最大握力檢查 Handgrip Strength
聽力 Hearing	語音測驗 Hearing Test		骨骼肌量評估 Skeletal Muscle Mass Assessment
胸肺 Pulmonary	肺活量測試 Spirometry Test	日常生活活動 Activities of Daily Living	基本性及工具性日常生活活動 Basic & Instrumental Activities of Daily Living
前列腺 Prostate (只限男性 For Male)	國際前列腺症狀評估 International Prostate Symptom Score		失智功能障礙評估量表 C-DAD for Suspected Memory Problem
體檢報告 Reporting		吞嚥 Swallowing	臨床評估 Bedside Assessment
專科醫生面診及報告分析 Specialist Consultation and Report Analysis		整體衰老 Overall Frailty	臨床衰老指標 Clinical Frailty Index
註冊營養師生活方式諮詢 Dietitian Lifestyle Counselling		費用 Fee HK\$3,500	

備註 Remarks:

- 1) 使用服務前必須預約。
Advanced booking is required for this service.
- 2) 服務地點：尚至醫療大樓 - 香港中環皇后大道中122號尚至醫療大樓15樓。
Service location: Virtus Medical Tower - 15/F, Virtus Medical Tower, 122 Queen's Road Central, Hong Kong.
- 3) 本體檢計劃不包括藥物及其他治療/檢查費用。
Medication and other treatment/investigation cost are not included in this programme.
- 4) 尚至醫療保留更改以上所有條款及細則的權利而毋須另行通知。如有任何爭議，尚至醫療保留最終決定權。
Virtus Medical reserves the right to amend any of the above terms and conditions without prior notice. In case of any dispute, Virtus Medical will reserve the right of final decision.

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